

RSHE Key Decisions Summary

(February 2023)

The Key Decisions have been made in consultation with parents, staff and governors.

Key Decision 1: The Use of Scientific Terms for Sexual Organs

The scientific terms for genitalia will be used. These include: penis, testicles, urethra, vagina and vulva.

Key Decision 2: Puberty

Sacred Heart will begin to teach about hormones and their effects on our emotions in Year 4. The menstrual cycle will be discussed in Year 5 which is co-ordinated with science learning delivered at that time.

Key Decision 3: Discussing sexual intercourse

Sacred Heart will teach part one (foetal development) in Year 5 and part two (sexual intercourse) will be taught in Year 6.

Key Decision 4: The Pornography Issue

Children at Sacred Heart will be taught this module in the same term as the sexual intercourse module.

Resources for parents wishing to discuss this with their children may be made available on the Online Parent Portal.

(Parents will be informed at the start of the relevant term when their child is being taught one of the 'Key Question' modules. Class teachers will send out this communication and the content of these lessons will be discussed in the Welcome Talks at the start of the year. Sacred Heart endeavour to uphold a strong level of communication in the provision of RSHE as a key strategy for keeping the pupils of Sacred Heart safe and informed citizens.)

Ten Ten and Keeping Children Safe in Education (2021)

How can Ten Ten Resources help you in this area?

As you'll be aware, sex education is not statutory in primary schools. However, our Relationships and Health Education resources do help build children's understanding of the dignity of our human bodies and our emotions, as well as how to protect and look after our bodies, and respect other people and their bodies. We have some sessions that cross over into the area of Sex Education for primary schools and therefore, these lessons require consultation with parents before being taught. You can find out more about these sessions [here](#).

EYFS:

Module 2 Unit 3 Session 2: My Body, My Rules (NSPCC PANTS resources)

Module 3 Unit 2 Session 3: Forever Friends (how to resolve conflict in friendships through saying sorry and asking for/receiving forgiveness)

KS1:

Module 1 Unit 3 Session 3: Super Susie Gets Angry (consequences of choices and what to do when it all goes wrong)

Module 1 Unit 2 Session 2: Boys and Girls (naming body parts – including option to name genitalia)

Module 2 Unit 3 Session 2: Good Secrets and Bad Secrets (the difference between good secrets that are safe to keep, and bad secrets that are unsafe to keep)

Module 2 Unit 3 Session 2: Physical Contact (NSPCC PANTS resources)

LKS2:

Module 2 Unit 3 Session 1: Sharing Online (NSPCC resources – peers sharing inappropriate images)

Module 2 Unit 3 Session 2: Chatting Online (NSPCC resources – cyberbullying and requests for inappropriate contact online)

Module 2 Unit 3 Session 3: Safe in My Body (Children will be introduced to the term ‘abuse’ and discuss different kinds of abuse, including sexual abuse – here referred to as ‘abuse of private parts’)

UKS2:

Module 1 Unit 3 Session 2: Peculiar Feelings (in/appropriate ways to deal with negative emotions – particularly concerning taking these out on peers)

Module 1 Unit 3 Session 4: Seeing Stuff Online (the negative effect that pornographic videos and images have on young brains)

Module 2 Unit 2 Session 2: Do You Want a Piece of Cake? (consent and bodily autonomy)

Module 2 Unit 3 Session 1: Sharing Isn’t Always Caring (peers sharing inappropriate images)

Module 2 Unit 3 Session 2: Cyberbullying (peer and other bullying online)

Module 2 Unit 3 Session 3: Types of Abuse (the different kinds of abuse, including sexual)