PE Planning 2022-23

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer2
Reception	Movement Skills 1	Gymnastics- Flight- bouncing, jumping	Dance – Jungle	Net & Wall Game 1	Athletics	Striking & Fielding Game Skills
		& landing	Invasion Games 1	Invasion Games 2		
Year 1	Movement Skills 2	Gymnastics – wide, narrow & curled	Dance – Animals	Net & Wall Game 2	Athletics	Striking & Fielding Game Skills
		rolling & balancing	Invasion Games 2	Invasion Games 3		
Year 2	Movement Skills 2	Gymnastics – Stretching, curling	Dance - Pirates	Net & Wall Game 3	Athletics	Striking & Fielding Game Skills
	Target Games 2	& arching	Invasion Games 3	Cricket		
Year 3	Football	Gymnastics – Spinning, turning &	Dance – Space	Cricket	Athletics	Rounders
	Basketball	twisting	Netball	Tag Rugby	Tennis	Outdoor Adventure
		Hockey				
Year 4	Football	Gymnastics – Spinning, turning &	Dance- Dance Around the World	Cricket	Athletics	Rounders
	Basketball	twisting	Netball	Tag Rugby	Tennis	Outdoor Adventure
		Hockey				
Year 5	Football	Gymnastics – Spinning, turning &	Dance – Dance through the ages	Cricket	Athletics	Rounders
	Basketball	twisting	Netball	Tag Rugby	Tennis	Outdoor Adventure
		Hockey				
Year 6	Football	Gymnastics – Group Sequencing	Dance – Dance through the ages	Cricket	Athletics	Rounders
	Basketball	Hockey	Netball	Tag Rugby	Tennis	Outdoor Adventure