

RSHE AT SACRED HEART

Relationships Education and Health Education is now statutory in all primary schools in England. This new subject will build on the non-statutory lessons we have previously taught in RSE. As a Catholic school, our mission is to support the spiritual, moral, social and cultural development of all of our pupils, rooted in the wisdom and teaching of the Church. The education of children in human sexuality is an important, precious and privileged responsibility. The Church teaches us that this is very much a partnership with parents, in which parents are the 'first educators' of their children on these matters; ultimately, you confer on us the right to co-educate your children with you.

We have been researching various programmes that are available and have decided to adopt **Life to the Full** by Ten Ten Resources. Ten Ten is an award-winning Catholic educational organisation that is well-respected and very experienced in this field of work.

Life to the Full has been approved by our diocese. Furthermore, Ten Ten have entered into a partnership with the Catholic Education Service and the Department for Education to provide training for teachers in Catholic schools on the subject of the new statutory curriculum. Therefore, we are confident that this programme is a very good fit for our school.

Through their programme, Ten Ten understand the foundational role that parents have in educating and nurturing their children on these matters. Within the programme, they have built in resources which will not only keep you informed about what is being taught in school, but will also give you the opportunity to engage your children in discussion, activity and prayer.

Ten Ten have also provided an **Online Parent Portal** which will be a tool we can use throughout the year to keep you informed and updated about the work we are doing in school.

To take part in the consultation, please do the following:

- Access the Parent Consultation Tool here:
www.tentenresources.co.uk/parent-consultation-primary
- You will need the following login credentials for our school:
Username: **sacred-heart-le11**
Password: **red-crown**

RSHE Key Decisions Summary

(February 2022)

The Key Decisions have been made in consultation with parents, staff and governors.

Key Decision 1: The Use of Scientific Terms for Sexual Organs

Genitalia will be referred to as “private parts” until KS2. This is suggested as adequate in terms of safeguarding until the emotional, academic and moral development of our children enables a more mature discussion. The KS1 lessons that refer to body parts will not refer to genitalia. In EYFS and in KS1 the NSPCC Pants Resource will be used as part of Safeguarding.

Key Decision 2: Puberty

Sacred Heart will begin to teach about hormones and their effects on our emotions in Year 4. The menstrual cycle will be discussed in Year 5 which is co-ordinated with science learning delivered at that time.

Key Decision 3: Discussing sexual intercourse

Sacred Heart will teach part one (foetal development) in Year 5 and part two (sexual intercourse) will be taught in Year 6.

Key Decision 4: The Pornography Issue

Children at Sacred Heart will not be introduced to the subject of pornography. It is difficult to discuss pornography without this leading to areas of RSHE far beyond what children are taught in RE and science in primary education. Therefore, it is not possible to discuss this without undermining other areas of the curriculum. Our children and parents already receive regular guidance on the safe use of the internet and it is also part of our Computing curriculum.

Resources for parents wishing to discuss this with their children may be made available on the Online Parent Portal.

Ten Ten and Keeping Children Safe in Education (2021)

How can Ten Ten Resources help you in this area?

As you'll be aware, sex education is not statutory in primary schools. However, our Relationships and Health Education resources do help build children's understanding of the dignity of our human bodies and our emotions, as well as how to protect and look after our bodies, and respect other people and their bodies. We have some sessions that cross over into the area of Sex Education for primary schools and therefore, these lessons require consultation with parents before being taught. You can find out more about these sessions [here](#).

EYFS:

Module 2 Unit 3 Session 2: My Body, My Rules (NSPCC PANTS resources)

Module 3 Unit 2 Session 3: Forever Friends (how to resolve conflict in friendships through saying sorry and asking for/receiving forgiveness)

KS1:

Module 1 Unit 3 Session 3: Super Susie Gets Angry (consequences of choices and what to do when it all goes wrong)

Module 1 Unit 2 Session 2: Boys and Girls (naming body parts – including option to name genitalia)

Module 2 Unit 3 Session 2: Good Secrets and Bad Secrets (the difference between good secrets that are safe to keep, and bad secrets that are unsafe to keep)

Module 2 Unit 3 Session 2: Physical Contact (NSPCC PANTS resources)

LKS2:

Module 2 Unit 3 Session 1: Sharing Online (NSPCC resources – peers sharing inappropriate images)

Module 2 Unit 3 Session 2: Chatting Online (NSPCC resources – cyberbullying and requests for inappropriate contact online)

Module 2 Unit 3 Session 3: Safe in My Body (Children will be introduced to the term ‘abuse’ and discuss different kinds of abuse, including sexual abuse – here referred to as ‘abuse of private parts’)

UKS2:

Module 1 Unit 3 Session 2: Peculiar Feelings (in/appropriate ways to deal with negative emotions – particularly concerning taking these out on peers)

Module 1 Unit 3 Session 4: Seeing Stuff Online (the negative effect that pornographic videos and images have on young brains)

Module 2 Unit 2 Session 2: Do You Want a Piece of Cake? (consent and bodily autonomy)

Module 2 Unit 3 Session 1: Sharing Isn’t Always Caring (peers sharing inappropriate images)

Module 2 Unit 3 Session 2: Cyberbullying (peer and other bullying online)

Module 2 Unit 3 Session 3: Types of Abuse (the different kinds of abuse, including sexual)