

# Collective Worship - Visio Divina

(Visio divina is a form of divine seeing in which we prayerfully invite God to speak to our hearts as we look at an image.)

Theme of the week = Learning

Focus area = candle and image.

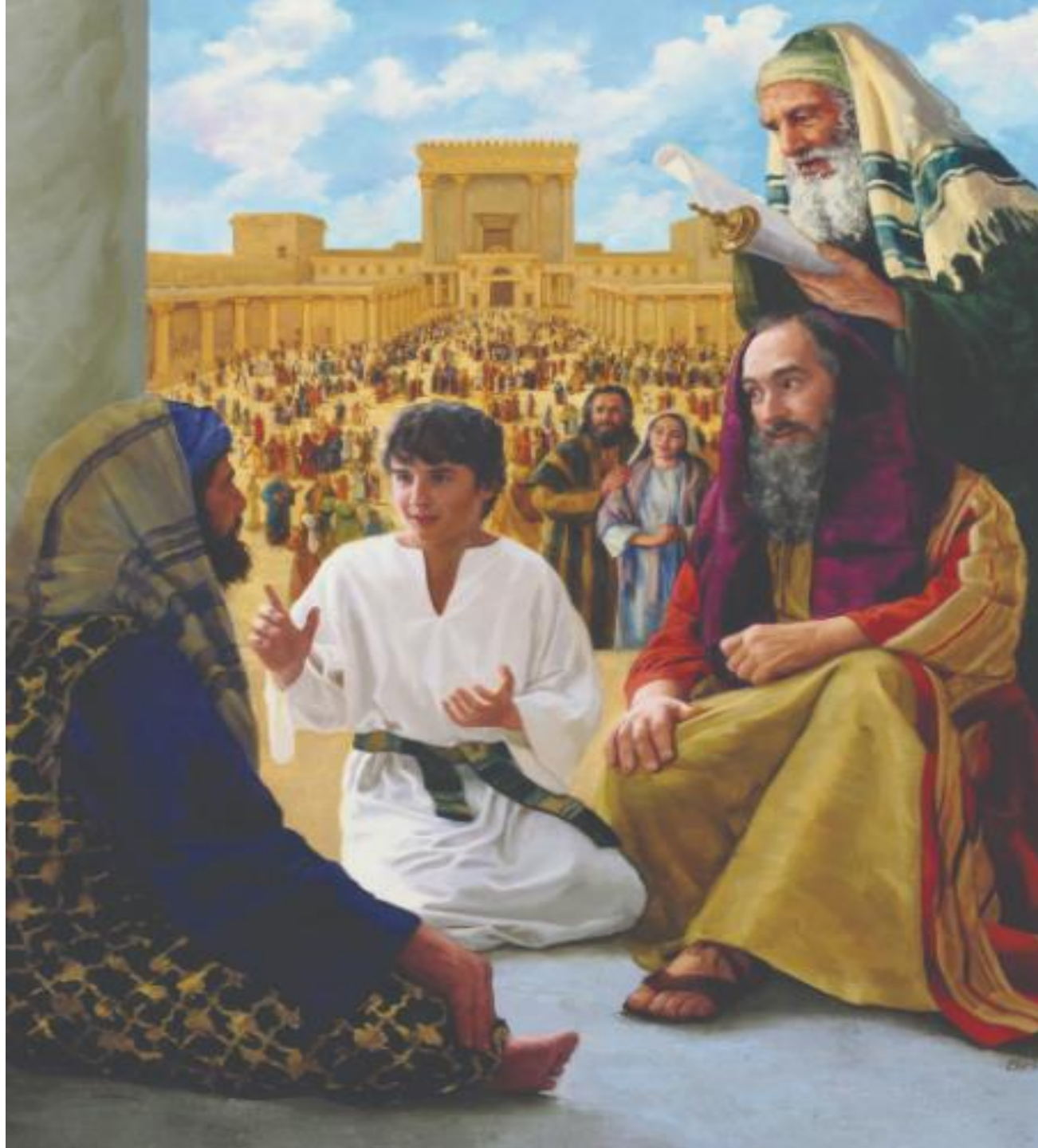
Make the sign of the cross.

We ask God to help us to pray with our eyes.

Dear Lord,

Help us to have the stillness and peace of mind to be receptive to what you want to show us. God be in our eyes and God be in our hearts.

Amen



# Notes

- ▶ This is an image based on Jesus as a boy in the Temple.

Music - [Relaxing Music with Birds Singing - Beautiful Piano Music & Guitar Music by Soothing Relaxation - YouTube](#)

Teacher guides the class:

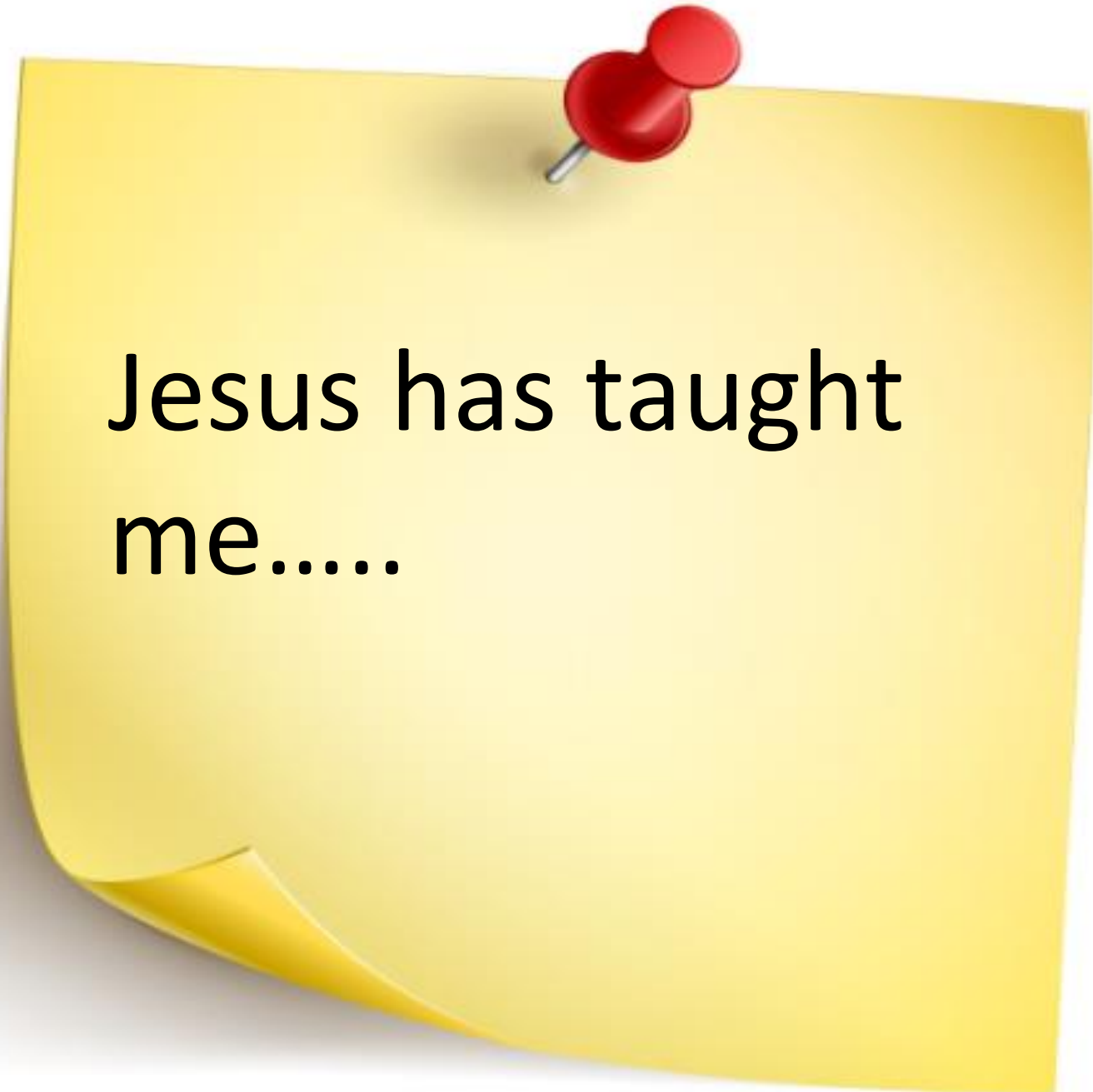
1] Open your eyes and look at the part of the image you have selected. Let your eyes pause and focus on the part of the image you're first drawn to.

Gaze upon just that part of the image for a minute or two. Now close your eyes, still seeing that part of the image in your mind.

2] Slowly open your eyes and now look upon the whole image. Gaze upon the whole image, allowing it to draw forth a word, an emotion, or an image in your mind.

**What can this picture tell us about learning? What does Jesus teach us about learning? What type of Jesus was he?**

**Draw a picture of something Jesus has taught you.**



Jesus has taught  
me.....

# Closing prayer

- ▶ Thank you for being so sensitive and open minded.
- ▶ We will finish our act of worship with a closing prayer.

▶ Dear God,

Help us to see more and more each time we learn from you. Help us to continue to be open minded and develop our faith and we continue our journey in Sacred Heart. Thank you for being present in our Visio Divina today and may you continue to guide us each day as we live, learn and love in the Sacred Heart way.

Amen

- ▶ Sign of the Cross