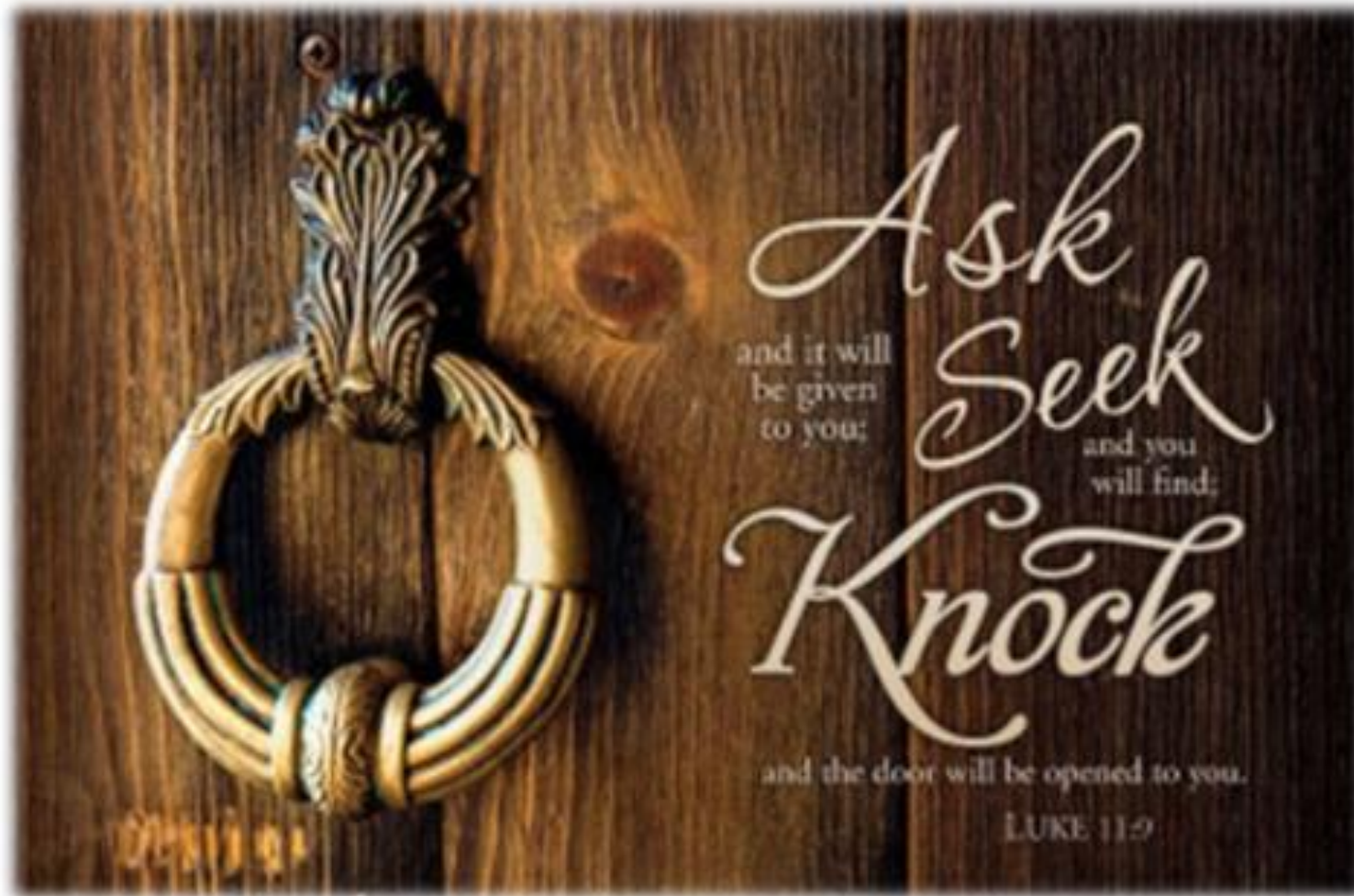


Lectio Divina (Divine Reading) - The living Word of God



Let us pray...

God, heavenly Father,

look upon us and hear our prayer during this holy Season of Lent.

Without You we can do nothing.

By Your Spirit help us to know what is right and to be eager in doing Your will.

Teach us to find new life through penance.

Keep us from sin, and help us live by Your commandment of love.

God of love, bring us back to You.

Send Your Spirit to make us strong in faith and active in good works.

May our acts of penance bring us Your forgiveness, open our hearts to Your love,

and prepare us for the coming feast of the Resurrection of Jesus.

We ask this through our Lord Jesus Christ, Your Son,

Who lives and reigns with You

and the Holy Spirit, one God, forever.

Amen.

A reading from the Gospel according to the Matthew

Glory to you Oh Lord

Jesus said to his disciples, 'Ask, and it will be given to you; search, and you will find; knock, and the door will be opened to you. For the one who asks always receives; the one who searches always finds; the one who knocks will always have the door opened to him. Is there a man among you who would hand his son a stone when he asked for bread? Or would hand him a snake when he asked for a fish? If you, then, who are evil, know how to give your children what is good, how much more will your Father in heaven give good things to those who ask him!

'So always treat others as you would like them to treat you; that is the meaning of the Law and the Prophets.'

The Gospel of the Lord

*Praise to you Lord
Jesus Christ*

A silhouette of a person stands on a rocky shore with their arms raised in a gesture of triumph or hope. The background is a sunset over the ocean, with a warm orange and yellow glow. The word "HOPE" is overlaid in large, dark, serif capital letters on the right side of the image.

HOPE

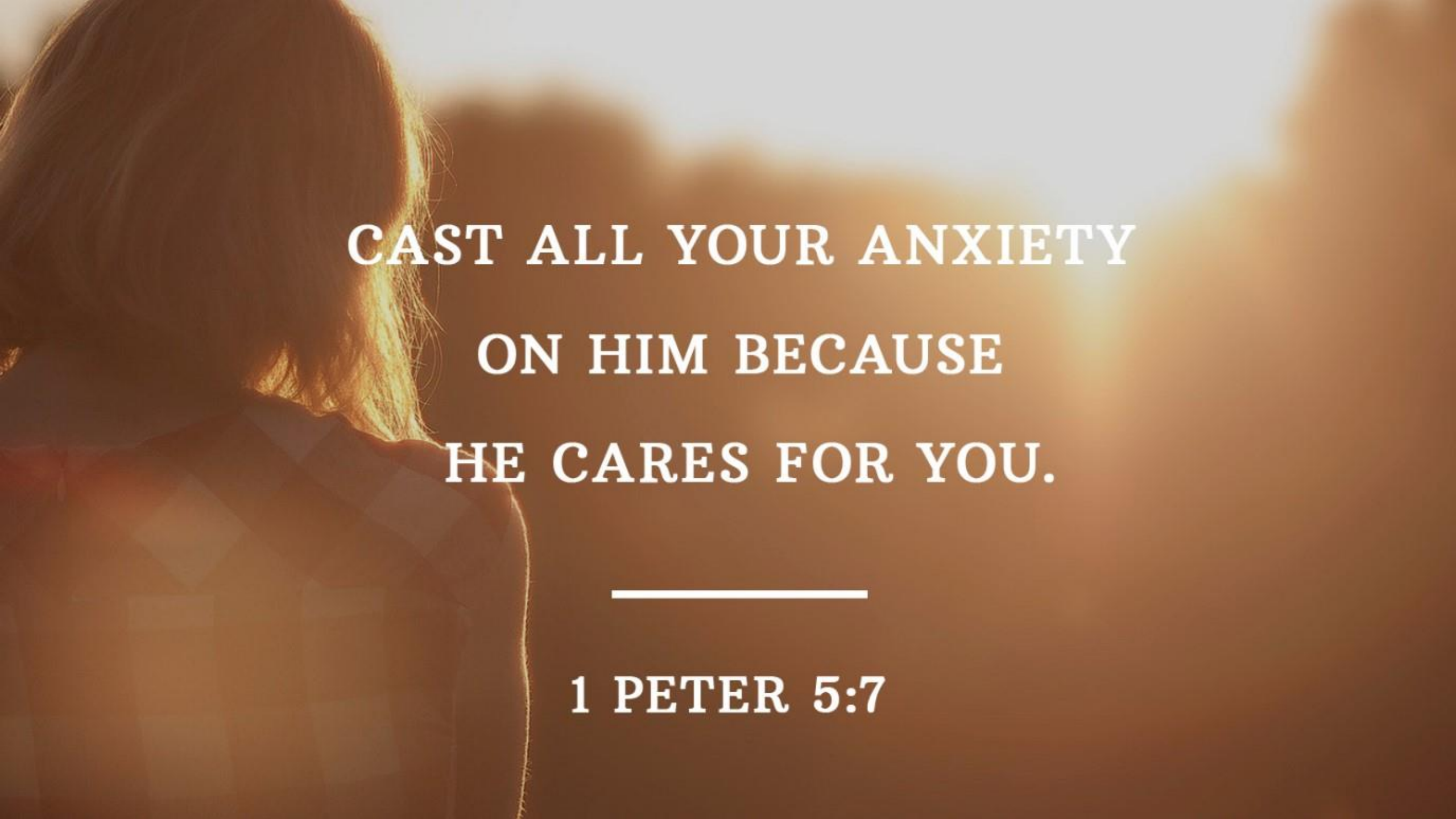
Isaiah 41: 10

**FEAR NOT,
for I am with you;
BE NOT DISMAYED,
for I am your God;**

**I will STRENGTHEN you,
I will HELP you,
I will UPHOLD you**


**WITH MY RIGHTEOUS
RIGHT HAND.**





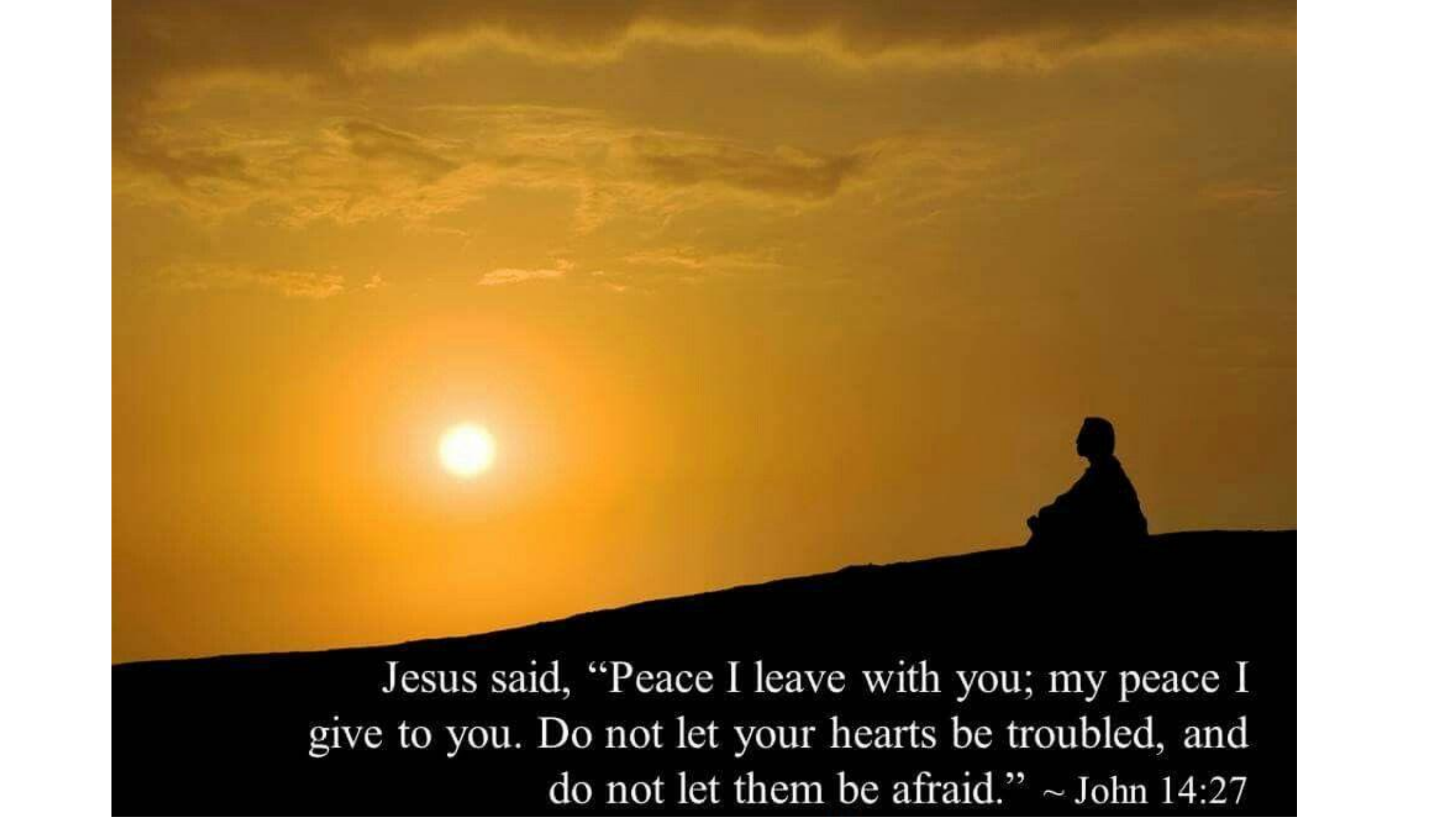
**CAST ALL YOUR ANXIETY
ON HIM BECAUSE
HE CARES FOR YOU.**

1 PETER 5:7

A photograph of a desert landscape at sunset. The sky is filled with warm, golden light from the setting sun, which is partially obscured by soft, wispy clouds. In the foreground, there are rolling sand dunes with distinct ripples on their surfaces. A single bird is captured in flight against the bright sky. The overall mood is peaceful and inspiring.

I can do all this through him
who gives me strength.

Philippians 4:13



Jesus said, "Peace I leave with you; my peace I give to you. Do not let your hearts be troubled, and do not let them be afraid." ~ John 14:27

May God always hold us in the palm of his hand and enfold us close to him. May the road rise to meet us and the wind be at our backs. May the sun shine warmly upon us and the rain always be gentle. May the stars shine in greeting and the moon smile upon us as we lay down to rest. May we continue to follow you each and every day of our lives.

What gives you Hope?

Why are Catholics a people of joy and Hope?

Write and decorate a message of Hope to be shared with a member of our community.

Congratulations- you have been an active disciple! You have lived out our mission.

